

## HEAD INJURY SHEET

A concussion can be a deceptive injury. The signs and not always reveal themselves right away. This athlete show no signs or symptoms but later indicate otherwise. It is extremely important for you to look at the following symptoms:

Severe Headache	Slurred Speech
Dizziness or loss of Consciousness	ringing in Ears
Nausea and/or Vomiting	Blurred or Double Vision
Temporary loss of Memory	Numbness
Unequal Pupil Size	*Convulsions
*No Pupil Reaction to Light	*Clear Fluid from Nose and/or Ear

NOTE: \* = May indicate very serious head injury.

DO NOT Allow this athlete to take aspirin or painkillers to mask the signs and symptoms. If the athlete's headaches are severe he/she should probably see a doctor.

I would strongly suggest that you check this athlete every 15 minutes. Ask the athlete a few simple questions such as: What is your name? Where are you? Then ask a few simple questions regarding what happened at the game or just before/after the game. Then watch for an increase in the severity of three or more of the above symptoms. If you should find that this athlete's condition is or consistently poor, I would strongly suggest that you take them to the hospital for further examination. Should this occur, please call me at any time at the high school at (724) 518-1115.

Thank you, Mi ndy Smi th MS, ATC, LAT